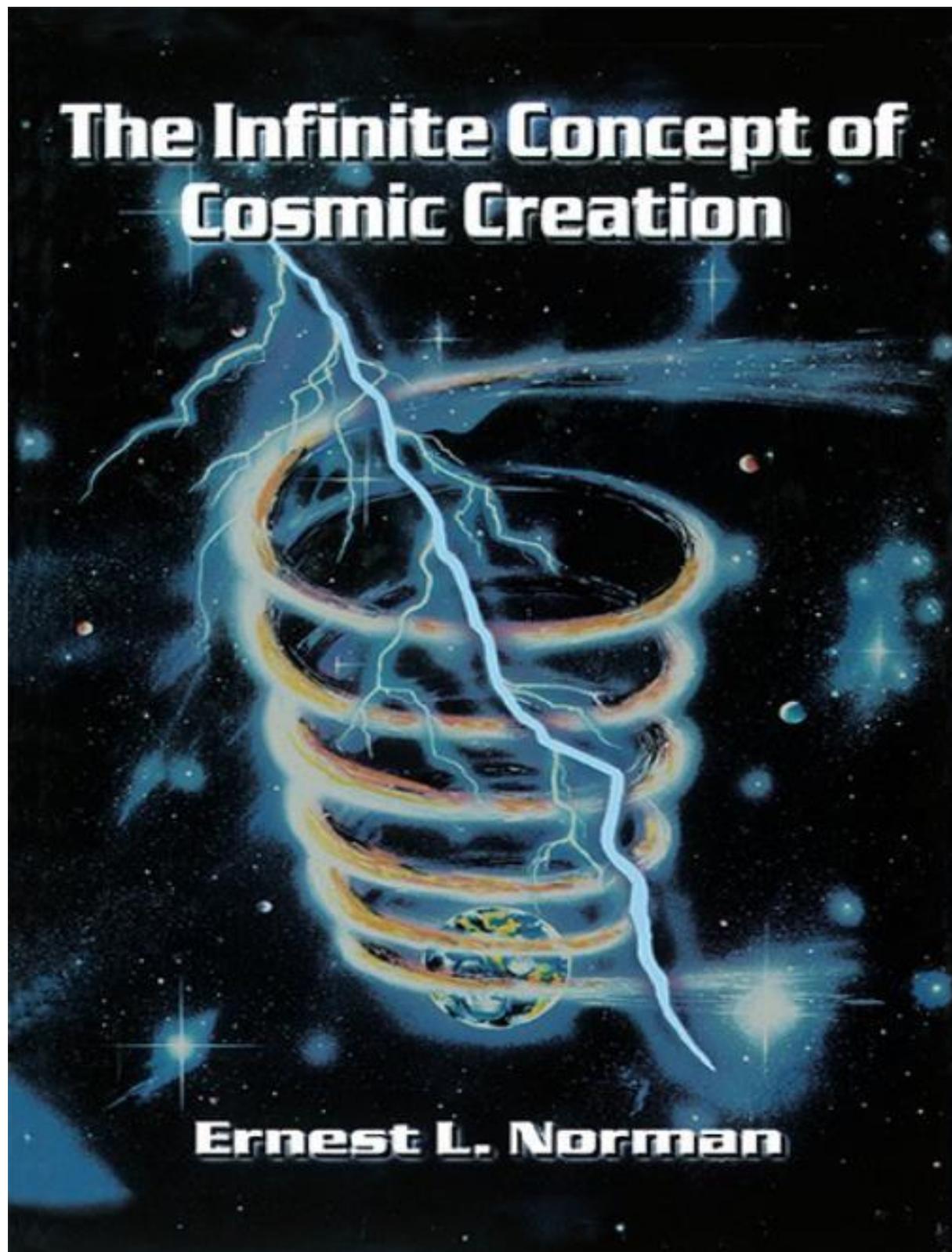


The Infinite Concept of Cosmic Creation



Ernest L. Norman



Ernest L. Norman
Author, Philosopher, Poet, Scientist,
Director-Moderator of Unarius Science of Life.

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**THE INFINITE
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**By Ernest L. Norman
The Unarium Moderator**

THE INFINITE CONCEPT OF COSMIC CREATION

Norman, Ernest L.

The Infinite Concept of Cosmic Creation
A Lesson Course on Self Mastery

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THE INFINITE CONCEPT OF COSMIC CREATION

Lesson 5: Energy: The Great Infinite Force, Reincarnation, Causal Dimensions

Greetings from Unarius.

Taking up our lesson along the pathway toward Truth, we will be assisted tonight by Dr. Charles Pierce and Mme. Blavatsky. Several other wonderful and great minds are here and will be interjecting their mind forces and their intelligences along with the others. Tonight's lesson deals with reincarnation and with frequency relationship. We have before us here, as you see, some scientific instrumentation with which we are going to explore and we shall thus see before our eyes how energy moves. However, before we do so, we shall establish some sort of continuity between this lesson and the last one.

It is to be assumed by now that we have all begun to form some sort of a definite relationship to the great world of Universal energy. It is hoped too, that all of you have established within your minds something of this great Universal God-force which we call energy, in whatever dimension or in whatever form this energy appears, whether it is pure energy which lights and heats our homes or whether it is the energy we see in the (so-called) solid atomic structures, it stems from the one great Infinite Source. We can also say that by now man himself becomes nothing more or less than a conglomerate mass of this energy, whether it is in the physical form of atomic structures or whether it resides in the realm of the psychic self and in the 4th dimension.

In order that you may better understand the transition of energy in the linkage of the Great Universal Infinite Mind in these numerous dimensions, it is necessary that you completely understand frequency relationship or harmonic structures. This understanding will also open up to you new horizons, new worlds in which you may better understand evolution of not only yourself but also that of your fellow man. The concept of the true reincarnation will open up to the scientist, the doctor,

the psychiatrist in the world of today and tomorrow, new horizons whereby they will begin to understand the basic and factual causes of all of man's diseases—diseases which have been, heretofore, classed as incurable. These diseases in themselves, as they reside in dimensions which are unknown to the savants of this time, will remain incurable until the learned men of tomorrow learn to bridge the gap into the realm of clairvoyance or into the spiritual dimensions.

We cannot assume or tolerate for one moment such a concept as would say merely that energy stemmed out from somewhere, from some huge hole, and precipitated itself downward like a shower of rain, or that it just happened to appear or to disappear. We must know and understand factually that these things relate themselves according to certain dimensions, spectrums within dimensions in everything, whether they are atomic substances or pure energy. They are as wave form structures, they possess a particular intelligence. I know that I have mentioned this fact several times previously, but it is of the utmost importance for the students to understand these concepts. We have rather loosely touched upon the fact that energy and its manifestation of wave forms or energy impulses, in whatever strata or structure or plateau in which they exist, assume a certain I.Q. or intelligence quotient, according to certain malformations of the basic sine wave frequency or the wave forms which were discussed in the last lesson.

In order to progress further in our hypothesis, we will begin to see now that the Universe and all the structures and surrounding things of which the Universe is composed, are the basic elements which are going through certain frequency transitions. This point was explained as we sketched for you previously the great vortexes of energy which we called the Universe, the cosmic or the Celestial Universes, and how they resolve themselves into such minute particles as atomic structures. We can begin to say, first, that these principles are somewhat similar to the eighty-eight notes on the piano keyboard. Even though we are not musicians and cannot play the piano, we know that there are a definite number of octaves on the piano. There are a certain number of harmonic chord structures. All in all, the various total combinations which could be extracted from the piano keyboard would number many thousands.

To give you an idea of the infinite number of combinations which can be achieved from even a pack of playing cards, it is known that there are over 3½ million different combinations and suits in a deck of 52 cards. If any one of you were to sit down and try to count to a million, although you spent eight or ten hours a day at it, it would take you several months. A million is a very large sum, and yet tonight we are going to explain frequency and energy to you in cycles or vibrations of literally hundreds of millions of times per second. These things are beyond the realm and the concept of any mortal mind. They must just be accepted verbatim on the basis of which we know them to exist.

We can begin by saying for instance, that in the television set we have the channels which are numbered from 1 to 13. We have about 6 or 7 active channels in this area. They begin with 88 megacycles and extend to about 108 megacycles. A megacycle is one million cycles. Therefore, even the lowest, the #2 channel, vibrates something like 88 million times per second to 108 million times per second on its basic sine wave frequency as it is energized from the transmitter. Is this correct Mr. Hayes?

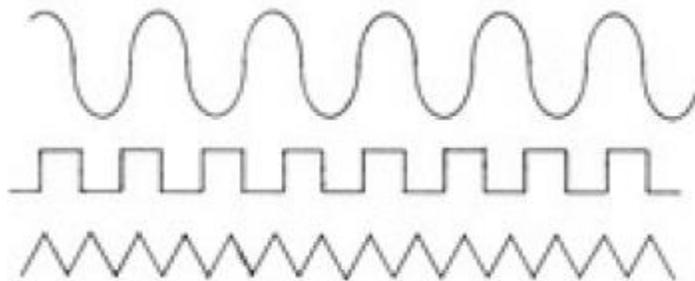
"Yes, that is true."

**The present existing high frequency channels, 28 to 83, oscillate in a band of frequencies 200 to 400 million times per second. The Laser beam oscillates at frequencies of 750 million, million cycles per second.

We have with us another electronic technician who is going to assist with the oscilloscope and the television apparatus, giving you visual demonstrations of how energy (the picture) must first exist as an energy wave form. The pulsations or vibrations, as they vibrate into the room, are picked up by the two rods and are brought to the front end of the television set. There they are tuned to their basic fundamental frequency and separated from other wave form structures. They are further amplified by a cascade amplification system of tuned coils, capacity and tube elements. These things all resonate themselves according to the fundamental laws of frequency relationship.

This principle is exactly the same as the one by which each of us lives from day to day. Each act of consequence, whether we know it or not, actually links and relinks us to certain basic chord structures in our psychic self and in our superconscious cycle of life. We may say in a psychiatric sense that the linkage of the subconscious by extractions in the psychosomatic principles of life as they are expounded by the modern psychiatrist in a neurosis or to some unsolved riddle in infancy, has incurred that neurosis. Just how, then, do these things exist in the subconscious and what is the subconscious?

We pointed out in the last lesson that although we have the physical body and physical man, yet this physical body and physical man must be supported from the psychic man and psychic body. The physical self is merely a byproduct. It is a relationship and is a creation of the psychic self because in the psychic self are contained all of the elements of individuality. These individual elements of personality are combined as wave forms and whether we find them in one shape or whether we find



them in another makes little difference. These things reside as tiny vortexes of energy, just as the energies within the atom reside in the terrestrial dimension as tiny gyrations or convolutions of

energy; likewise in the same manner these same intelligences stem from the psychic body. As far as the subject of reincarnation itself is concerned, it is one which is subject to a wide variance and to a large degree some fallacy, as many conceive it.

In the Orient, particularly in India, we find stemming out of these countries a rather peculiar idea of reincarnation, or the life cycle of man. It is the ambition among some of the adherents of Jainism, one of the Hindu philosophies, to become a "sacred cow". In the cities of India we see many of these sacred cows wandering about the streets eating vegetables and fruits in the marketplaces, freely and uninhibited. It is quite natural that one looking upon the way of life of the holy cow of India might like to assume such a life, as it appears to be one which is casual

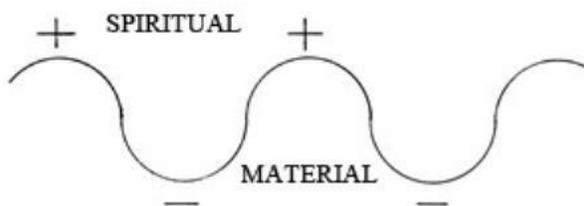
and free. It does not have the burden of man in his carnal self. However such states of consciousness are unrealistic and not factual. It is entirely within the bounds of reason and logic to assume, with what we know of the creation of vortexes or mind forces within the psychic self, that such an individual could create for himself a thought-form body of such obsessive qualities that when he found himself shed of the mortal coil of flesh, he would wish with the intensities of mind energies of the psychic self, to overshadow or to inhabit a sacred cow, that he could do so.

Likewise, many people inhabit the terrestrial dimensions of consciousness long after they have passed from the flesh. They are what is termed earthbound simply because they have created these strong psychic or thought-form bodies within the dimension of the psychic self.

The cycle itself as we postulated this concept to you in the last lesson is the life cycle. In the life cycle resides the perfect concept which contains all of the elements of the Infinite. The Infinite is Infinite simply because It becomes finite in all things and in all expressions and in all dimensions. The Infinite is the ultimate, the perfect attainment, the realization, the perfection of all things. Within this life cycle are contained all these elements. In it are innumerable wave forms, gyrations, pulsations, and creations of the Infinite Self as it conceived these things in Its Own Infinite Mind.



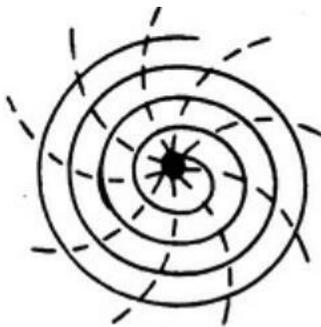
It is the purpose of man in his evolution as a reincarnated being to come down through the terrestrial dimensions and through the astral worlds to gain for himself the individuality of the constructive experience. In reincarnation is found the exchange of polarities—God and man. As we would see in magnetic structures, they would stem out as vortexes around these various polarities and there would be an interchange of energy between these poles. So thus it is that man reincarnates; he comes into



these lower terrestrial dimensions as a physical being and is supporting himself from the spiritual side of life through the psychic body.

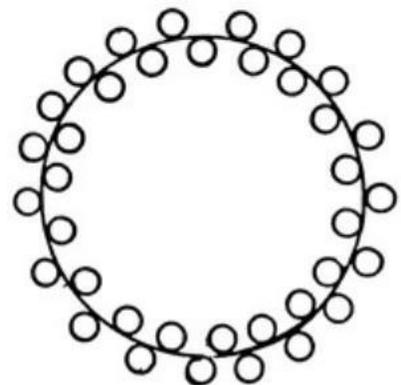
Here again is the basic sine wave principle of life, the spiritual and the material. He is born into the world and he dies. He rises into the Spiritual dimensions of such astral worlds as are compatible to his understanding and to his ability to realize and conceive these things about him. In such dimensions he takes on a new personality, a new intelligent quotient and solves some of the unsolved riddles which he himself was unable to do in the terrestrial dimensions. Then when he has gained or acquired this useful knowledge, he wishes to put it to test, so he reincarnates into a terrestrial dimension. And so the progress of life continues as he relates himself time and time again to the experience of life into the accumulation of the value of these various experiences as a human being. Thus in the ultimate achievement from his beginning through the revolution of his complete cycles, he attains the infinite purpose and the ultimate concept of the Infinite. He becomes an individual god. He may even ultimately express in an individual way a personification of the Infinite God.

It was pointed out previously that when we assume the concept of the experiences, they are formed in the vortex fashion of the little pinwheel vortexes within the psychic self. Keep in mind that man is a creature of

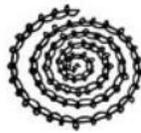
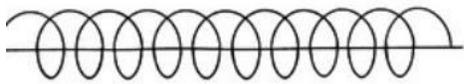


pure energy; energy which is gyrating, revolving around in dimensions within the psychic self. Each one as it exists in its various multiplicities of wave forms denotes its own particular experience its own psychic shock, its own relative place of consequence.

Time means nothing, according to our Gregorian calendar. Time, according to that calendric system, is merely the passing of the event, the hours of the day. In our relationship to cyclic patterns, we come upon certain structures which are known as harmonic or chord structures. There is nothing in the Universe, either celestial, causal or terrestrial, which is not linked to itself through a series of cycles, a vast number of series of cycles, large ones, small ones, medium sizes and innumerable sizes like the wheels of a watch. They are all functioning according to a certain definite mathematical formula. We say that



electricity which lights our homes vibrates at 60 cycles per second. It has sub-harmonics 30—15—7½—and so on down; above this are over-harmonics of 120—240—and so on. The regeneration of those cycles is the pulsation of electricity flowing through that wire which we see stemming out from this wire as certain lines of force called magnetic structures. These in turn regenerate themselves according to these mathematical formulas. Our lives are just exactly this same way; there is no difference except that we are confining this dimensional frequency relationship within the realm of our own personal experience. Every thought that we think is a generic wave form; it is an energy.



It has been proved by the encephalograph that the mind functions on a certain level and frequency of energy. It is proven by various other scientific instruments in the world of science today. If it were not so, we would not be here; that is the proof and the truth. So basically as human beings, somewhere within this pattern of evolution as we proceed around the cycle of life, we are going to reincarnate according to basic fundamental cycles or basic harmonics. The basic fundamental frequency in the electric light is 60 cycles. Each of us has a basic fundamental frequency. We function from a certain spiritual plane. Although we may change from time to time, the changes which take place usually occur in the spiritual dimension; but at any particular given point, at any particular given moment, any human being can be said to be functioning from a certain spiritual level, a certain spiritual plane. This level is determined according to how he functions and how he progresses along his cycle of life according to this formula.

Roughly speaking, in reincarnating we would say that these cycles exist within the cycles and the fluctuations of frequency within the cycles. We may take fifty years as a short period or one hundred and fifty years as a longer period of a more fundamental frequency. Three hundred is still the closest approach to the life wave frequency in which most human beings establish their relationship and is erroneously called reincarnation, transmigration, metempsychosis, or other names. We call it regeneration; it is a truer word. These cycles can, of course, extend outward to 450 or 600 years depending upon the laxity, but primarily upon the psychic

shocks which occurred in the psychic centers. Those who commit suicide may not return to this "veil of tears" for perhaps two thousand years simply because certain psychic structures within the psychic body have been destroyed. The supporting elements of that person's entire being and his individuality were destroyed by the act against himself. When they do come back into the earth plane, because they do not have these structures they find themselves disoriented. They wander; they are people who have no objectivism, libido or the drive. It takes them two or three more of these cycles (lives) before they catch up, to reconstruct their psychic selves so that it inflects and impinges into their consciousness and gives them a directive, dynamic force which is so necessary for everyday life.

Now we are beginning to get a little more of a factual picture of man as a pure product of Infinite Intelligent Creation. We are separating It from the old occultisms of the past—that which is unacceptable to modern science and which cannot be accepted either by science or the present-day modern student of metaphysics. These concepts reside where they should belong, where they have been taught before in the past ages, in these past dimensions of time. When we become acquainted with these basic facts and put them clearly and firmly within the dimensions of our own minds (and I do not mean our physical mind only as a reactionary process but mean making them actual integral parts of our basic everyday philosophy), then we have separated ourselves, as is said, the sheep from the goats. We have arrived at some place—we have come to the fork in the road—where we can differentiate between the false beliefs and the constructive principles; we get to the point now where we do not need to take karma into our psychic self. Should unfortunate circumstances come our way and karma is inflicted (if we want to call it karma), it is an experience, a vortex of energy within the psychic self. Karma can be eradicated or eliminated, for above this psychic self as it functions in itself in several dimensions, are contained all of the elements for your own self-preservation.

You contain all the necessary ingredients of the Infinite Intelligence which can solve every one of your problems. As Jesus said, "Seek ye first the kingdom of Heaven, which is within," and it is within. There is nothing which remains unsolved or unsupported. You can tune into that vast

tremendous power—that superintelligence within your own consciousness. Jesus did it and many of the Avatars who came to the earth at different times have demonstrated it very factually. It is our purpose as individuals, one and all, in our eventual evolution into the future of our history, or thousands of years hence, that we too will be doing these things when we get on the ground floor and understand what the Infinite is—the All-Pervading, the All-Permeating Force, the Omnipotent, the Omnipresent. The Infinite is energy, It is the atom, It is substance, form, everything which you care to name. We are going to take up these things in a more detailed form in the future.

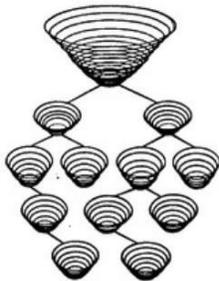
Just what are these astral worlds, as man lives in his spiritual transcendency? There are various spiritual planes from which man functions in between his terrestrial experiences and are all reflected down into our everyday lives. It is up to us to decide whether we are to become seekers and doers or whether we become subservient to the negative forces which surround us. However, everything comes in its due course of time. I believe that if we really get these lessons, these principles, we will have actually made a big step in our progression.

Mr. Hayes, who was kind enough to bring this oscilloscope from some distance, is to demonstrate and explain the process of making the invisible energy rays entering the room into visible ones upon the television screen. This process of integration shall be explained to you. We shall show you how each one is a living, walking, breathing television set. In the struggle for wisdom and knowledge, man finds that science has achieved some very close approximations or parallels in developing scientific apparatus, such as the television set, that bear a remarkable similarity in many ways to our own processes of life.

I made the statement that man is like a walking, breathing television set. We can picture this parallelism a little better if we say that the Infinite Mind is the central transmitter. If we look for a moment at our own present television network, strewn across the country, we find that we have programs which stem from New York and other centers about the country. It is much the same with us. Through these great central vortexes, we begin with the Infinite, way out in the distance in one of these energy dimensions.

This energy, this wisdom, extends down to us from innumerable expanding and contracting energy vortexes. So we are in ourselves, more or less related to all these dimensions; however, how much of the assimilation or the "taking in" of this Infinite wisdom and this energy which stems from the Infinite, depends upon each of us. In the television we must have synchronization and amplification. We can see on the oscilloscope the sync pulses which are the impulses which are broadcast from the transmitter that locks the picture in, across the screen. The picture itself consists of the little lines which are quite visible as they write back and forth. There are 500 little lines from top to bottom on the screen and there is a spot of light which "writes" about 16,000 little spots per second. The screen itself has a coating of pure phosphorus. It has a certain persistence characteristic that retains the light impressions for a split second. The overall result creates something of an optical illusion.

These little lines as they write across must have the sync pulses. That is the integration point with the transmitter. One pulse is horizontal and one pulse is vertical. There must be these sync pulses in order to lock the picture from the transmitter which is broadcast at the frequency rate of 60 cycles per second and 15,000 frequencies per second. Then there are what we call retrace lines. This means that the little spot has gone across the



screen and come back again, as it writes like a pencil across the screen. Now these activations are very similar to the life processes of frequency vibration which multiply themselves and radiate back into our consciousness, into our physical bodies and into everything that we do because the Infinite is the central transmitter stemming on down through innumerable dimensions.

If we turn a switch, we can see the convolutions of energy moving across. Just as we see the television picture moving on the screen, we see on the oscilloscope beside it the little sync pulses continually moving across. This is pure energy coming in, in a wave form before it is translated on the screen to appear as a picture. We are doing the same thing in our psychic bodies, in our mind, and in our physical bodies. These sine waves or sync pulses are the step-down points in our psychic self. The transmitter is the other dimension or the Infinite. Contained in our

psychic self is the sync pulse which links us to our past lives and to the Infinite. Mr. Hayes, do you care to add a word?

Mr. Hayes speaking: "I can perhaps put it in a little different wording. What we see on this (or any other) oscilloscope is a voltage pulse. It is being impressed on a tube which changes it into light. In other words, the electrical pulse is being changed into light whereas the sound—for the voice—pulse changes the electrical pulse into sound. The speaker gives the sound; still it comes from electrical pulses. We can see the sound here. The speaker is merely a vibrating diaphragm of a paper substance with an electromagnet. That merely takes the electric impulses, and by changing the magnetic fluxes or densities (there is a little coil of wire on the end of that paper cone inside), the wire creates a vibration on the diaphragm."

The energy pulses are modulated or the sync pulses are carried into them. We can regulate these adjustments to slow these sine waves down slower and even to stop them, so that they may be observed. One frame is one thirtieth; it is traveling across at the rate of 15,750 cycles per second. It is more or less the same as in the movies. It is partially an optical illusion. We are merely supporting this principle because we have light degenerators from the rods and cones of the retina of the eye. There are 30 frames per second; the eye can only discern 20, so you do not see the gap in between. The point we are trying to make here is to show you something of the world of frequency and harmonic relationship. Each one of us is linked up in this same manner as this television set to the sending station. There is no difference except on the levels and way in which we function. The same laws are applied. This fact can be proven any way you wish. Any kind or type of wave forms can be obtained from this scope. Energy must and does assume a different form and a different relationship wherever it manifests. Those impulses passing through the oscilloscope now are the very same type as those which composed your psychic self and are projecting outwardly into your life.

In television there is also a horizontal pulse which is most important. Without it the picture would not lock in at all. It would be out of synchronization. The circuits are so integrated that they lock into these pulses. If your synchronization pulses are off then you are off the beam, or negative and manifest a confused life.

Q - How does one get back on?

A - Just like many other things we do; it's just the knack of acquiring the ability, namely, keeping positive is the best assurance and protection.

This comparison is probably the most realistic approach to life that a student has ever studied. Now the pulse that is creeping across the scope looks like the teeth of a saw. The point is these wave forms all are intelligent. They portray certain meaning, a particular definition. They

 mean something to other integrated circuits in that set. And in correlation and synchronization, they come out as a picture.

Just the same is true of us in our processes of life. This energy contains all the known and unknown ingredients of creation. We can also get what we call the great Celestial Energy of the Infinite's own Force. It is merely separated and manifested in different dimensions down on through. Our psychic body is a counterpart of our physical, except that it is in

 frequencies, or electricities, or wave forms, just the same as we have here in the scope and the television only in a vortex form. We must visualize them as pulsating, vibrating, contracting and expanding simultaneously. But each and every one of them is portraying its own particular wave form or I.Q.

Now these wave or sync pulses can and must be locked in; they are held right in a certain position. This is the same principle as a meshing of gears, or the same as using our perception. In perception, we are bringing together conglomerations of these wave forms as intelligences, whether they are positive or negative, resulting in the culmination of ideas or forms. There is also the horizontal pulse; this is the pulse that gives the sweep at the rate of 15,000 cycles per second. We will not go into it too deeply as it would only tend to confuse you. I merely wanted you students to actually see, to visualize these energies so that you could better understand how it is that our psychic bodies function using the same principle.

The wave we are seeing is merely a phasing pulse which we use mainly in oscilloscopes. What this could mean would be the negative energies and experiences in our psychic body. It would repeat itself outwardly in

the consciousness and would vaguely drag one down without a knowledge of the cause. The purpose of this part of the instrument is to act as a flywheel or stabilizer or governor.

Now if someone—say, back two or three hundred years ago—had shot you through the head or stabbed you in the heart, that wave form in a vortex, that governor or balancing energy would be just that way. It would be out of shape (such as you see these wobbly waves). You would perhaps wander about, going to doctors and psychiatrists to find out what was the trouble, and they could not tell you because it does not reside in the physical body at all; it is back in that wave form in the psychic self.

Q - These frequencies, etc., come within the range of our senses, do they not? And isn't it true that the Universe is just full of an infinite number that do not come within the range of our senses?

A - Yes, that is true and a good point because we should get a relationship not only of the five senses, because they are only a product of our reactionary nature.

The amount of intelligence which comes to us, comes from other forces and other dimensions and other realms. It enters through the hypothalamus or the pituitary glands at the base of the brain and through the solar plexus. These higher energies come also through what we call the intuitive processes of life. We have two intuitive centers.

This sync pulse on the television is the fastest used, or 15,750 cycles per second, and yet it is extremely slow as compared to the energies and wave forms which are used and come to us from the higher dimensions. These television waves are as a chunk of iron in comparison to our psychic self.

Nikola Tesla, around the turn of the 1900's, very often used frequencies of hundreds of thousands, or millions of times per second. An ordinary television set, a station such as Channel 2, vibrates at 88 million times per second and this is slow motion in comparison to some of the supersonic frequencies which reside in the spiritual or psychic dimensions. In the set are certain coils which are integrated with capacity and work through the tubes. This point is important here because if those coils are functioning in a broad band, you get a good clear picture and very fine definition. People are the very same way. If we, in going about, are functioning from

a very high and broad spiritual band of frequencies we get a good picture of life; but on the other hand, if we say this is so and this can't be so, etc., we are using a narrow way of thinking by putting our stamp of approval of the Infinite on everything we do, then we get way down here to one or two megacycles and the result is a bad picture and there are plenty of people who do just that. They exist only on the reactionary impingements from the structures of their own subconscious mind which in most cases, are very low frequency wave forms. People who do not have much in their psychic body are not going to get much out of it.

Now I am sure that every one of us here has gained a better concept of the Infinite after having seen this demonstration of the oscilloscope relating how energy comes into the television and forms the pictures, which is exactly as is done in our own bodies; we all see Infinity as energy moving about us constantly.

In the future days in going about, we will conceive our bodies as being millions and millions of tiny little planetary systems of pure energy, revolving and counter revolving, expressing itself infinitely, beautifully and perfect in its continuity. We will begin to achieve that continuity in our own lives; we will surmount all of the imperfections and all the negations that come to us. Those things will cease to exist because now we have a place to put them; we can learn how to rise above them. We can circumvent them and turn them aside. Not only that, but we can learn to project understanding to others because it means life to them too; it is an infusion of the life principles into their concept of life. We have the power to project these things when we understand them properly. Just as when anyone thinks evilly of us, we can tune into that whether or not we are conscious of it. That does induce a definite effect into our bodies if the relationship is maintained and established. And so in the same process, a person can learn to heal and help another person, not through sympathy but through love and understanding and by projecting your own spiritual energy to that person from the Higher Self. It becomes a natural vital integrated principle from which all of you will function; you will relate yourself to it; you will use it every day of your life.

Q - Do you mean that someone can project evil to you?

A - Indeed!

Q - But if you do not accept it? If your mind is above that, does it not ward it off?

A - That is exactly what Jesus meant when he said, "Turn the other cheek." In other words, he did not mean that if someone came up and whacked you on the head that you must say, "Here, now, hit here too." What he meant was that you should live on a higher level of integration with your life forces, a spiritual level. Then if anyone did hit you, you could turn around and take that negative force that caused that person to strike you and turn that completely around, change it and instead of it then being a negative sequence you could create a positive from it; by projecting a force to him founded and bounded by love and understanding, you were then above that negative thought and deed. That is turning the other cheek.

Q - Then it will bounce back and hit him?

A - We would never wish to become vindictive in these things because that is putting ourselves down to his level; instead—we will put it this way—suppose someone gave me a rubber check and it bounced, I would mark that check paid and mail it back to him.

Q - I meant if you did not know anything about it and someone was sending negative thoughts and we maintained a higher consciousness, then it would return to him, would it not?

A - It might revert in this sense because here is the way that man was doing by creating those negative energies toward you; he is creating those negative forces within his own psychic body! That is his karma; he is going to have to work that out later on because he cannot get anywhere upstairs until he takes all these nasty black things from out his psychic self for they cannot live up there. These negative wave forms will hold him down here until he reconstructs his psychic body so he can get upstairs. You can call it reciprocation if you like or ricocheting or compensation, but whatever we do is impinged within our own psychic self. It is our own basis or level of integration or equilibrium.

Student: I like to think of it as a boomerang and what I send to others, if not good, boomerangs back to me.

Teacher: Yes, you can think of it that way if you wish. It is another case of the four blind men all seeing or feeling the different parts of the

elephant differently and when we get to the point where we walk all around the elephant and see it in its entirety, then we begin to know what truth is. Whatever way we have of visualizing Truth in any of our expressions at the present moment is all very wonderful because it is all part of you and is the basis in which you can understand the little wave forms that come to you as experience.

These discussions are all very wonderful; I appreciate every one of them because it not only gives you a chance to find out some things but it also gives me an opportunity to learn a few more things too, for we never give but what we do not receive. When we give, we make room to receive. We should remember that, for it is very basic in the fundamental concept.

Student: I think these sessions are very cherished occasions.

Teacher: Indeed, they are very cherished. I believe it is the second epistle of James under Acts that says, or where he points out to us that it is very godlike for man to gather together in groups and discuss his personal problems and share in the experiences of life. In functioning from various levels of intelligence, you create the necessary forces for personal spiritual levitation. It is not in exactly those words but that is the meaning. It is very godlike to share with each other because then we are becoming active participants of that Infinite, Creative God-Force; we are giving and receiving.

Q - If people meet together in this way with the right motive and purpose, is it not true that a great amount of power is generated?

A - Yes, they do that. And not only in the seen world and with your friends, but all people with whom you are associated on this plane receive the help and benefit of your coming here. There is a great field of spiritual forces or power which is projected just as the transmitter projects pictures into your television and so you are projecting these Infinite Rays of Creative, Integrated Power into all of the people you know because you are linked to them with the sync pulses you saw on this television screen. They are going to be better for your having come up here! That not only goes for the living, but for the unseen multitudes in the spiritual worlds that need help too. They are grouped around in these gatherings by the hundreds—by the thousands, and they are sharing these things with us.

Student: That is very wonderful how we are linked up like a machine!

Teacher: Yes, it is very factual, it is very demonstrable; it can be linked up and counter linked and explained in a manner that is beyond question or doubt. We have many people in the world today who are trying to teach but do not know these principles: synchronization, integration, circular motion, wave forms, etc., etc. They talk about things; they say God has laws; God has no laws because the Infinite is the sum, total and substance of everything! Why would He need laws? It is only man who makes laws and when he makes laws, he sets up a great big problem for himself; and so in breaking these laws, he creates a great guilt complex. And there is nothing more degenerating than a guilt complex because the person who has the guilt complex seldom realizes what he has and he goes around trying to take it out on other people. He is continually building up his own ego at someone else's expense because that guilt complex is continually deflating him. He realizes it is there subconsciously but he cannot put his finger on it. He feels it. That is the problem in teaching little children in Sunday School that they were conceived in sin; it creates a big guilt complex.

The ways in which people are taught in churches, as far as Christianity is concerned, that Christ was the only begotten Son, that makes all the rest of us illegitimate! Where did we come from? Isn't it very unrealistic? They teach you hellfire and damnation on one hand, then on the other hand, teach you that all you have to do is spend your life getting drunk and committing all the evil you want, then at the end of this life all you need do is say, "Jesus, save me," and he comes down and snatches you up by the hair of your head into some Celestial Dimension about which you know nothing! Very unrealistic! One contradicts the other. No wonder Karl Marx said, "Christianity is the opiate of the people," because when people get these great neuroses and guilt complexes, what do they do? They go rushing to the church; they go rushing here and there or wherever they can find an outlet for them. And so they blame it all on God; they say, "God is punishing me for something that I did, or that I failed to do," or that "I was born in sin," and various other contradictions and malformations which are absolutely foreign to an intelligent hypothesis of life. The only reason why they got the way they are is because they did

not realize who or what God was and they took themselves away from the realization and purpose of their intelligent self, which is the God within.

Q - Would it be that it is the system of the church that puts us on the wrong track?

A - Certainly. Many people who have gone to church all their lives are going to have to 'unlearn' some of those things and are going to have to start going to classes like you are doing now. They are going to do that in some other dimension, 'upstairs'; they may come back into this earth life in some future time, 100 or 200 years from now, wherever these truths are being taught; and they will be taught in the grade schools of the future because it is the only realistic approach to life.

Student: It would be a wonderful thing if they could have that instrumentation used on Mars you described that would teach them Truth.

Teacher: When they are ready for it, they will be given that instrumentation to teach them, and through the Savants who come through Unarius and other Spiritual Dimensions, man will be given those machines, the instrumentations to see the psychic self and to see the dimensions which are beyond this dimension.

Q - Is it not true that if we properly prepare ourselves, we can learn to attune ourselves; then man can learn to accomplish and surpass anything any machine can do?

A - That is exactly right; but at the same time, we must always have to realize that while we, in ourselves, as individuals may with purpose do those things, there are many people on many levels of life who cannot do those things for themselves. They have to have machinery or mechanisms to do them. Nowadays, science puts its stamp of approval on everything. You'll use cold cream or anything in the world which science says is good. Anything which has chlorophyll or something else on the label, you buy it, you drink it, you rub it on, you bathe in it because science says it's good for you. You may even smoke cigarettes with filters in them believing that you can get by that big man trap! So why are you smoking, if you smoke cigarettes with filters? It's illogical; it's inconclusive; you are already admitting to yourself that it is the wrong thing to do in life. So all of those things add up to a sum and total.

Q – Unarius teaches that we must unlearn that which we have, through these years, striven to learn; what do you suggest is the best way to teach our children—try to teach them what we have learned then?

A – No, the first concept that you teach a child, and do not worry about the children for many children coming in know more than we do—you teach them this one basic concept and from then on in she will add things unto herself. Teach that child that she has the Infinite (or God) within her and never to do any overt act of which she would be ashamed that God would see her do; always make her conscious of God working within her and then do not worry about anything else.

Q - Would it be better not to send her to Sunday School?

A - You can use your judgment on that. Personally, as a little boy, I did not believe in Sunday School or anything that they taught; it was their believed history as far as the Bible was concerned, but that was about all. So I used to play hooky from Sunday School whenever I got the chance and ran the risk of getting a licking for it. So you can suit yourself whether you want to send your child to Sunday School; there are Sunday Schools where they do teach practical metaphysics and there are others that teach the old sin complexes, so we must discern what they teach. If you teach the child that she has everything within her, that she was constructed from the vital forces of the Infinite (God) and that she can express all these things outwardly; if you can get it across to the child, then you do not have any worries about where she is going or what she does.

Q - This applies to us adults too?

A - Indeed, it does. Children born into this world at this time are very precocious, old souls, and are very advanced in their time. Just give them a little headway. Mozart, as you know, was composing music at the age of three and wrote a symphony before he was eight. And now, too, many of these older entities again are coming in for the New Age.

Q - What about this mind or "brain-instructing" machine which they say generates about one million megacycles?

A - That is a good point too, because we know that on other planets such as Mars which I have visited, they educate their children, not in schools, but instead they place a small crystal supersonic speaker under their pillows. He can't hear it with the physical ear; it vibrates for an hour or so

and gives him his lesson into his psychic body (subconsciously); then the following day he has this intelligence.

The same process is involved here because energy has to be broken down into energy constituents, light or sound. As you saw light and sound on the screen, both are pulsating energy. Negative energy does certain things in the psychic self which psychiatry calls the subconscious. Therefore, this energy is continually revolving and reflecting outwardly whenever the conscious mind so objectifies that particular thing, because the conscious mind is only a switchboard where you objectify or make extractions of your best experiences. No one thinks from this mind. You are only relating past experiences into it. We start thinking when we get upstairs and lift the focus, as when we take a magnifying lens and focus the sun's rays on a spot; our objective mind is the focus of experience. When we can lift that focus from ourselves long enough, or even for a few seconds, we can get very miraculous healings and adjustments.

Q - Do you think all this advancement of science will compel mankind into using a universal language?

A - It certainly will because there isn't anyone who could study energy or man as he truly exists from this standpoint, as we are explaining it to you here in these lessons, who would not see the universality of man, whether he is expressing himself in any one or a number of dimensions; whether he is comparatively ignorant, a savage in the bush country makes no difference whatsoever. We are all brothers and sisters; we are all constructed the same way; we all function in the same manner; we all have the same relationship to the Infinite; there is no difference. Some of us have come up two or three steps on the ladder of evolution and others four or five; that is all. When people understand these things they will start melting down their battleships and their bombers and start making useful things of them.

Q - Would it be possible to make this instrument you mentioned which they have on Mars, to teach people here?

A - That is possible; when I can make the contacts with the scientists, I can make the other contacts through clairvoyance, and I will gladly assist in any way to bring these things into the world if they are not ahead of the time of acceptance, of the threshold of perception. You cannot give these

things to people unless they are ready and suited for them. It is like giving sharp knives to babies with which to play. That is what happened with the atom bomb; the first thing they had to do was to try it on humans and kill and injure two or three million of them.

Q - Does this bomb affect the higher dimensions?

A - All energies are supported from huge dimensions of energy, from way topside until we get down to the atoms through these different transpositions. When the scientist explodes an atom, he not only releases the energy within the atom itself but there must be a supporting structure which supports that atom and pours energy into it at all times. What he does is like temporarily making a lot of little holes in a whole sieve of light in the entire structure of the entire Infinite Creation. Momentarily and before the thing can be shut off, he has liberated the whole cosmic universe in one blinding flash or explosion. He has not only wasted it but he has created a very dangerous situation because out of these activations come wave forms, energies and various other things of a psychic nature of which the scientist knows nothing. We are affecting other people on other planets and in other dimensions and raising havoc in general.

Q - Won't that bring on the expected cataclysm? We can't avoid these things if we keep on this way, can we?

A - It could. Fortunately, science has come to the process of reasoning that way. The scientists themselves have finally reached the point where they are striving very energetically through the various factions and leaders in Washington to discontinue the atomic explosions. Oppenheimer has been making a series of lectures, pointing out these great psychic cataclysms of energy which is released at the explosion of an atom bomb or a thermonuclear weapon. Because Mr. Oppenheimer is a spiritual person, he is somewhat developed to where he can see these effects. That is why he withheld for ten months the information which made possible the use of these bombs over Hiroshima, because he knew what would happen when the information was given to the political leaders of this country—sharp knives to little babies. Science today is very definitely working along these lines. They have arrived where they can conclude atomic explosions and develop their science into more constructive and less explosive channels; thus it will mean much to the people. They are

getting to the point now where they do not need to use the great masses of equipment which they call cyclotrons and betatrons which are used in shooting an atom to pieces. They shoot these electronic "bombs" through the negative quotients of energy which surround the nuclei of the atom. Sooner or later one will hit or come in contact with the proton of the center of the atom and so it explodes and flies apart. An atom is not a very dense thing; the density could be compared to that of spreading a dozen eggs over 40 acres of ground. This is about the density of our bodies. Every second there are literally thousands of cosmic energy particles known as cosmic rays which pass through our bodies and we can exist an entire lifetime and none of them ever strike us. So we are not dense at all but practically transparent, so to speak. As far as energy is concerned, we do not exist in a solid form.

Q - Regarding reincarnation, is it the will of the individual which chooses his place and time of incarnating or is that a universal intelligence which directs?

A - It is partly one and yet it is both. Referring back to our concept of understanding the life cycle, all experience, all infinity is placed in that life cycle; but the average person who starts reincarnating into the world of experience on the terrestrial dimensions and continually relates his experiences, may appear back into these planes hundreds of times until he incurs sufficient of these experiences to form a strong substantial psychic body. The development of his psychic body becomes the determining point or pivoting point of his evolution. From there on, he arrives at the fork of the road, and he begins to determine the constructive process of life.

Q - Then each disease of the mind or body would then have a different vibration?

A - That is correct because every one of those vortexes has a different frequency level from which it radiates. Its basic level is contradictory or foreign to the law of frequency relationship to a true, practical and progressive level of intelligence. In other words, the organ or condition is out of harmony, as we would say, not in its basic cyclic equation. It is progressive or retrograde according to the laws of vibration. It would be contradictory, as when we play two chords on the piano keyboard which

were out of harmony with each other. We say a person has diabetes; the doctor says his pancreas gland doesn't function. Why doesn't the pancreas work? Simply because the supporting intelligence which is from the psychic self, expressing through the chakras and through the various other centers of the psychic self into the physical body, is relating every atom in that pancreas to an intelligent or unintelligent continuity of experience. The doctors today do not know that fact, so they keep on looking for the cause of the diabetes somewhere in the pancreas. He will never find it there because it does not come from there. It merely means that all of the intelligent energy which is supposed to support that pancreas in a natural expression of insulin into the bloodstream which controls the sugar content, has been lost; it is broken down through some process.

Q - You mentioned that when a person commits suicide he partly destroys the psychic body. If a person is killed by another, would this not also tend to have the same effect?

A - Yes, to some extent or degree; it not only seriously damages the psychic self but will disarrange the continuity of the entire psychic structures. For instance, if you hit a bell too loudly, as in the case of the Liberty Bell, it will crack because of the vibrating frequencies. Caruso used to tap a glass to find its tone, then he would sing this note loudly enough to cause the glass to fly into a thousand pieces. The same principle is involved when people incur these severe psychic shocks.

Q - What would be the effect where one has great emotional disturbances with the families?

A - This is what we are getting into in this problem of psychosomatics as the psychiatrist calls it. As we portrayed energy to you, these experiences are reflecting backward, a reverse process. As in the process of the television screen, the emotional disturbances reflect back into the psychic self. These vortexes of energy are of a very negative nature. These energies contain the intelligences of that experience. If it is negative, it reflects itself back to you. Everything actually resolves itself down into energy anyway, whether it is concept within your mind—that means convolutions or sine wave frequencies which exist from the generic process of thinking or in the evolution of life. Even the metabolism of the body is supported from the psychic body. After the energy has occurred

in your psychic body, then all through your lives to follow, until it is cancelled out, it continues to reflect back this negative quality. It blurs your picture of life for you so that you are not able to discriminate; you are not able to determine your true value of your relationship. You always have that little thing hanging around your neck like a millstone.

Q - How would one get rid of it?

A - Referring back to the life cycle—you have all of the things you need to know within the higher superconscious self. Not only that, but higher intelligences work with you from the higher spiritual planes. You can take this teaching into your everyday life and use it in everything about you. As we say, these are high spiritual forces, such as are coming to us from Unarius; such men as Leonardo da Vinci, Pythagoras, Plato and many others of these learned savants of the past.

Now if they could reflect this intelligence into your consciousness, you would be very glad, wouldn't you?

Student: Indeed.

Teacher: If you could go to Plato's academy tomorrow, you would go there, wouldn't you? You are attending Plato's Academy tonight.

Student: Yes, I have wondered about that; I thought I sensed such.

Teacher: Plato is one of the many working through this channel from Unarius.

Q - Then the best way would be to call for help and meditate upon this teaching?

A - You do not necessarily need to call for help, but visualize and recognize yourself as a participating ingredient. In other words, you tune yourself in, in the same manner as you'd switch the television set from one station to another. You tune in, say channel 13, which has the highest vibrating frequency, which would be upstairs; or you can tune in to channel 2 which is the lowest, or in the level of earthly experiences. We do not call for help in this way; we do not approach these things in any other way except the positive, affirmative process or realization. We see the fluxes of the Infinite Mind flowing into us through the chakras and the centers at all times. We see Its Intelligence flowing into us. We do not attach the individuality or the personality to these great minds for they themselves do not put any importance on the personality but rather,

through a higher concept of vibration. The individuality, as we have constructed it for ourselves here on earth, is merely a false ego structure along reactionary principles. In the higher dimensions, the ego does not exist in this form; it becomes an active participle or intelligence which is determined by its usefulness and by its many other factors.

This is a much more highly developed concept. Instead of approaching as many do on bended knee, it is much more factual to say that when we go about, in everything we do—are we or are we not expressing a certain component of Infinite Intelligence? When we begin to obtain our linkage or our hookup and see this manifested in our daily walk of life, then we are going to see life demonstrated abundantly. We should not pray from our own selfish desires, from the bended knee, such as "Oh God, save me from my own sins and iniquities."

Such a prayer merely means that you are totally unaware of the Great Infinite Intelligence within you for you to use. I can demonstrate this point a little more clearly this way. A grandmother called on the telephone about two months ago. She told me about a baby three months old who had encephalitis, or brain damage. The doctors gave it up to die. I told her the forces were already in action. She wanted to know what she should do. I told her, "You don't need to do anything but just stay positive." She asked me if I didn't need help in praying.

I told her that I knew that the baby was going to be helped. I maintained the affirmative realization. This baby, up to this time, was under sedation twenty-four hours a day and the physicians held no hope for its recovery. Within three days the baby was taken off sedation. He recognized his parents and became normal. The forces were set in motion by that simple affirmation of faith. This case is only one of literally thousands of similar ones. I have never seen these people and won't need to.

Q - How could we use this principle?

A - It ultimately resolves into a complete conclusion and understanding of faith, because when the person understands these concepts regarding energy, etc., which we are teaching, these basic elements, we understand the Creative Principle. When we understand and know how the Infinite works through these Principles, we no longer separate ourselves from It and we become an active, integrated, working part of the Infinite. You

then become an element in everything in which the Creation manifests Itself, you become like the wire which leads the electricity into your home. It is like learning to ride a bicycle; we learn through experience and thus acquire knowledge and wisdom. All of the things which we should do, we basically are. As you are now, you have just separated yourselves simply because you have accepted negative concepts.

Q - Could there possibly have been a karmic condition with this baby?

A - Yes, indeed, there was. I was able to see in a past life that 300 years ago, the mother in a fit of anger had killed the child and this life was another opportunity to correct the error and work it out.

Q - Are there karmic conditions that cannot be corrected or healed?

A - There are no karmic conditions which cannot be healed when the person will realize it and when proper conditions of attunement are brought into play. There may be a thought pattern which may take you a while to wean yourself away from, but your true condition has been cancelled out immediately the moment you focus your mind upon it and realize what this psychic impingement is. It is cancelled because your superintelligence or the Infinite Mind force comes into action, and with the aid of the savants or learned minds in the spiritual dimensions who are working with these things, these negations, they are instantly cancelled out.

Q - If the grandparent hadn't called you, would the baby have had to carry this karma?

A - That baby would have died within three days' time and carried the karma along in subsequent lifetimes.

Q - Boys have to go to war whether they want to or not and they have to kill people whether it is against their will or willingly?

A - This business of having to do something! You know, when we get to the point when we start living in the spiritual dimensions, there we will find out we don't have to do anything. What we are doing, we are merely relating ourselves up and down the scale of evolution according to what is contained in our mind.

Q - Yes, we might know that, but do these boys in masses know that?

A - If they are all of the same opinion and are conscientious objectors, there would be no wars because the leaders would have to go out and fight

the wars and there wouldn't be any. So what we have to do in the future is to make everybody a conscientious objector.

Q - Could you give an idea of what some of the spiritual reasons might be that would determine the individual's frequency?

A - Yes, there are ways of determining these things. We pointed out to you that even in our terrestrial dimension of hundreds of thousands of vibrations per second means absolutely nothing to the individual. When we go into the spiritual dimension and we have a complete absence of time, even in our commonly accepted terminology, then we have energy existing in such fantastic frequency rates and vibrations, they are absolutely incomprehensible. It wouldn't actually mean anything to you if you did know whether you were functioning on two or three million megacycles per second. But what we are more concerned in is the net result as they are coming out here in this dimension and how we can go back and correct through the mind forces. Because the idea of frequency relationship itself, while very vital and necessary, yet the whole thing resides in a dimension completely abstract from your own present understanding.

Q - Could you describe further about the way the child was healed?

A - Yes, we went on to explain further to the grandmother that in a previous lifetime her daughter had, in a fit of anger, killed that baby and in their spiritual hookup after death when they were in the spiritual world, the child and mother had gotten together and agreed to come back into this world at the right time so that the mother would give the child a chance this time for life and work out the karma in her own self. Three hundred years ago that mother had killed the baby—perhaps accidentally, but nevertheless there was still the sense of guilt there with it—a guilt complex—and that was what she had to cancel out—the negation.

Q - If the condition cannot be healed, then they must continue carrying it over and over?

A - There is no condition that cannot be healed instantly if the person realizes it. You may have a thought pattern that may take you a little time to wean yourself away from but nevertheless your true condition has been cancelled out immediately when you realize and recognize what that psychic impingement is. It is cancelled because your Super Intelligence—

the Infinite force—comes into action and with the help of the Savants, Intelligences and Learned Minds in the spiritual dimensions and people of that nature with whom we are working, those negations and psychic shocks are instantly cancelled out.

Q - Then becoming conscious of these negations is necessary in attaining freedom from the carnal world?

A - Indeed so, there is no greater need or importance.

Q - So how does one get these forces working with him?

A - We will again go back up there in that spiritual dimension, back to the time when we have 'kicked the frame' as the yogi says and as we are there in these inner dimensions, we make contact. Now everything is based on concept; if we cannot conceive the higher dimensions we would not go there, would we? It would be very foreign to your nature to go anywhere that you could not so conceive it or that you could not have realized existed. So naturally when you go on into these spiritual dimensions, it is even much more so than it is here because then you are functioning on vibration alone—not by instinct but by vibration; so you will go automatically to the planes or astral worlds to which you are best suited or that which you can visualize. To conceive anything there is to instantly place yourself in that thing whatever it may be.

When you die and you visualize yourself as being in Fresno, you will be in Fresno; you can be in Fresno and Los Angeles at the same time if you have enough concept in your mind to so visualize it. So we always go into these spiritual dimensions for which we are best suited. The further along the path we advance, the higher the contacts we maintain from the higher spiritual dimensions on up, just as I pointed out to you here through these vortexes. There are many, many spiritual planes; we get into the astral worlds as the yogi calls it, "the triad". First, there is the Brahma which is the all-permeating purpose, the force of the Infinite; Vishnu, the preserver of life which is called prana; Shiva, which is the material world, the world of expression or maya or delusion. Does that help?

Student: Yes.

Q - Then we must begin to realize that we are a form or part of the Infinite, is that right?

A - Yes, that is true; it is exactly right. The Christian or the fundamentalist in the church is so fouled up in that concept that he has isolated it to Christ alone, not realizing that the whole mission of Jesus on this earth was to point out that every one of us was also a part of that Infinite Cause or God.

Now the Super consciousness, the Christ Self, is realization; when we realize what and who we are and how we are linked up to the Infinite, that we are an actual participating ingredient of intelligence, then we begin to get somewhere; but we don't until we do. That is the state that Buddha called Nirvana—self-discrimination, self-realization.

Q - By what process does one sharpen his intuitive faculties to obtain this awareness that we can recognize this when it takes place?

A - Let me answer that rather indirectly: How many months after you were born into this world were you nursed before you were weaned and how many months after the weaning was it that you crawled about the floor before you walked and how many months after that was it that you took your first steps and were really sure of yourself? Wisdom comes the same way. We learn these things gradually; there are no shortcuts. It is on the threshold of perception and conception and that is the sum and substance of all those little vortexes that go to make up the psychic body.

To the materialist who runs around all day and is concerned with nothing but sex, cigarettes and various other things of the material world, that is all his psychic body is made up from—those negative experiences, the forms of transposition. But when he shakes the mortal coil of flesh and goes over into the astral, what does he have to go on? Absolutely nothing because those vibrations do not function well in this astral world; he finds himself in what the Catholic calls purgatory. Actually, there isn't such a thing; it is only his concept because now he is completely out of his vibration, attunement and harmony with the astral worlds in which he finds himself. He is a fish out of water—a man dropped in the middle of a jungle out of a parachute, without any equipment, in the dead of the night, with the lions running around him.

Q - In reading past lives as you do it, we understand it is simple for you, but how does one go about the backtracking and find proper frequencies, etc.?

A - If you realize this, and it could be of help to many of you here, because I know there are many good mentalities in the class and I am very grateful to be in association with them for they are mentalities that could, in time, be doing some of these greater miracles, just as Jesus said when they become conscious of what and who they are. No, these abilities are not acquired overnight—here must be an integration. And many times you have many pictures in your mind which you think is imagination. Strictly from the material plane, there is no such thing as an imagination because imagination is only the sum and total of a collective group of experiences to which you are relating yourself and you are trying to integrate a formula of some basic concept. Now you have the other kind of pictures come into your mind which come from the psychic self or which may link you up to the psychic centers of radiation or taking in, as we say. We have a little television set in our heads and we also have a little transmitter; we begin taking in these pictures inwardly and if we see them as reality and express them as they come to us, we will often find out they are true. That's the beginning. Later on you arrive at different factors and states of integration as we call it (the sync pulses as they existed in that television screen) and you can sit down and consciously do that. Or you can do it while riding down the street on a bus or even in the bathtub or where you so desire; it just comes naturally and from then on you do not live in this world anymore—you are in it but not of this world.

You will find too that your life will change in many ways. I have experienced these things and know whereof I speak. You even lose your friends. You may even lose your husband or wife; these things move so swiftly around and within you that you are sometimes swept off your feet with the projectory of spiritual progression that you have no idea of the vast change. In the course of a few months' time you find yourself advanced thousands of years because we have linked up certain cycles in our little watch of universal concept. We have made integration of the circular patterns as they exist. It is very basic and fundamental, isn't it? It is the answer to all questions. We have been trying to get these things to the scientists for years. I have had them tell me, "Well, I do not know what it is; I do not understand it now, but maybe in 50 or 100 years from now science will understand these principles." They are beginning to and they

shall. I have all the time in the world. It makes no difference to me whatsoever.

Q - In one of the scientific magazines lately, I read that "God will be proved in the laboratories." This is it, isn't it?

A - That is correct; this Is it; this Is it! Because when we start linking ourselves up then, as Kung Fu said, "It is a matter of whether the tail is wagging the dog or the dog wagging the tail." Science, up until now, has been the tail trying to wag the dog because it has been figuring things from the material dimension instead of starting from the higher dimensions from where they should be figured; seeing this is only the end result—the material dimensions are always the lowest form. From here we go into sub-infinity.

Q - Then the scientists have been treating the effects rather than the cause?

A - That is exactly right. They are searching in the human body for causes of the incurable ills. Cerebral palsy, cancer, diabetes, arthritis—anything you can name that the scientist or the doctor cannot cure—and they shake their heads and say they do not know what causes that—why a child is born with, or but a few months old should have diabetes is beyond their concept; but it means that the child had diabetes in a previous lifetime and he is only trying to work it out, and he needs a little help and understanding. He had something happen to him and it needs correction. He does not need a lot of poking and prodding or to be taken some place and half-starved and shocked into something terrible.

Q - Along another line of thought is not fear and insecurity a general contributor to man's ills?

A - We incurred our first big sense of insecurity when we were first weaned as far as this lifetime is concerned. We came into the world and we were hungry; that was our first fear, so they shoved the nipple in our mouth and the fear left, so the next few months we build our whole world around the nipple and the mother's breast is the sense of security—the mother's love. And then just about the time things were settling down and going good, they took it away from us; so what did we have—we had a great big sense of insecurity—our first neurosis. That's why little boys and girls go out and eat dirt and chew their wax crayons when they go to

school and when they grow up they have to put cigarettes in their mouths and smoke.

Cigarette-smoking is grown-up thumb-sucking or nipple-nursing. That is all; it is simply from weaning a person. And so far as putting such things as needles, etc., into our system—as someone brought up one day—it is very wrong indeed, but it is just as wrong to take these poisons into our mouths and lungs as it is any other way.

There are 32 different poisons in every cigarette, including furfural, which is the most deadly poison known to the medical pharmacopeia. There is also enough nicotine in one cigarette to poison a good-sized dog. Nicotine is an alkaloid; in the process of combustion that takes place in the burning of a cigarette, one can develop what is known as coal tar processes and any chemist can verify this—that they have extracted something like 500,000 different kinds of chemical elements from coal tar which are products of this combustion that takes place in the smoking of a cigarette. Same thing with acetanilide, acetanilide and all your codeines; every one of your synthetic drugs that a doctor will give for alleviating pain are contained in the cigarette in one form or another or they are byproducts from it by rearranging the molecular structures of the coal tar substance. Not only that, but one of the greatest dangers in smoking is what is called carbon monoxide precipitation. In the normal processes of living, the person who does not smoke and lives out in the country would have anywhere from one and a half to two percent carbon monoxide precipitation in the blood stream; that is a product of metabolism.

When you get into the city and begin inhaling automobile fumes, smoke from incinerators and cigarettes, your carbon monoxide runs up to six and seven percent. These were tests made here in Los Angeles just about a year ago. If the individual smokes, he increases that carbon monoxide precipitation up to twelve or thirteen percent and fourteen percent is considered fatal. Many people who are running around the streets today—and they are not running, they are dragging—are in and out of the hospitals and clinics with nothing wrong with them physically but they just smoke. There are hundreds of thousands of them and any doctor can tell you that this is true.

Q - Chemical poisons are in many things that we eat like the famous soft drink, etc., are they not?

A - Yes, it once was a fact there used to be twelve grains of caffeine in every bottle of Coca Cola (I do not know whether or not this is true today) and the food and drug businesses raised such a furor they had to stop it. That is just one small item.

An M.D. on the Los Angeles Health Board made this statement in the clamor about smog. He said you can take one drag from a cigarette and you get more smog in your lungs than you would inhaling the worst smog in 24 hours!

Q - As I understand it with these cravings, etc., when people pass over into the astral they do not lose these cravings but they still yearn for these things, such as cigarettes and they have no instrument with which to satisfy them; then would not this be purgatory for them?

A - That's quite true because you see you are arriving at this point that all experience resolves itself into waveforms and has gone into making the psychic body. The psychic body is the pure by-product of everything that we are and reflects outwardly in everything that we do. It is much bigger than the subconscious. The subconscious is but a part of it that functions in the low orders of the lower dimensions of relationship. The reason we do not get rid of these habits when they are incurred that way is simply because we are looking for them in the wrong place—in the human body where they do not originate but are reflecting outwardly into the physical, just as we explained about the television screen. We must look back where they really are in the spiritual self, the psychic body, before we find them.

Q - Then how does a person over there on the spiritual planes overcome those things?

A - In the first place, several big things happen to you. Many people go over into the spiritual dimensions and have these thought forms so firmly imbedded in their psychic consciousness that they function along that line for a number of years until they finally wake up and realize that it is wrong, i.e., smoking, alcoholism and other perverted habits. We can say that a person goes over into spirit who has smoked very heavily here; he

smokes there for a while until he gains his equilibrium and realizes how unnecessary it is; then he quits.

Q - How does he smoke there?

A - Do you know over there that these spiritual elements which you have in your mind and your psychic self are just as tangible over there as things you have in your hands here today in this dimension. It is no different. It is in the threshold of conception. You will live exactly in the same world that you believe in.

Q - You mean that the person would actually create them?

A - Well, you must bear this in mind too—that your relationships all around you are different and that your time or arrival where you get your equilibrium or when you ‘wake up’ will arrive much more quickly than it does in the terrestrial dimension because previous to that time when you did not smoke, for instance, up in that spiritual plane sometime or another you did not have those elements in your psychic body.

Q - Would this not be similar to, say if one had a dream where he was falling off a cliff or some such and you were able to go into his consciousness and tell him it was not true, that he was but dreaming, he'd not be able to believe you (would he?) and would go right on believing that he was actually falling?

Would this not be similar to the man with the desire for cigarettes in the astral—that he believed it so strongly?

A - Yes, that would be fantasy or illusion if we wish to put it that way because in an infinite or an abstract way we can conceive anything in our minds that we wish to. Yes, it is sort of a dream state they express in the astral until they learn better.

Q - Smoking didn't seem to do William James any harm.

A - He lived to be sixty-eight and smoked and drank liquor every day, etc. We always say that a man who smokes heavily and lives to be a hundred and brags about the smoking and liquor drinking could have lived to be a hundred and twenty if he had not done so. Any doctor will tell you that a man who smokes a pack of cigarettes a day shortens his life one year out of five. In other words when he lives five years by smoking a pack a day, he'd live six years without it. These are medical facts which were given at a big convention at San Francisco. We have all this

information at home and can bring it to you if you'd like. (Since this talk has been made, the famous Surgeon General's Report from the Government has verified all these statements and many more.)

Q - How about coffee and tea? Don't those things have caffeine in them?

A - Yes, that's right and caffeine is a stimulant; however, smoking is much worse because it not only contains all these drugs but contains carbon monoxide precipitation. You only get a little caffeine; you get 2½ grains of caffeine in a cup of coffee and most of it passes off in the kidneys, is flushed out; a little of it goes into the blood stream and acts as a stimulant. But the alkaloids like nicotine that you get in a cigarette are depressive.

Q - Do you believe that cigarettes are more harmful than liquor?

A - Yes, I believe of the two evils that cigarette-smoking is the most insidious because it does not have an appreciable effect at the moment; it is much more insidious in its nature but also much more damaging in the long run because if you get to be alcoholic, you either drink yourself to death in a few years' time or you will quit.

Q - Would cigars be as bad?

A - Well, one does not actually inhale a cigar; he swallows the juice from the end of the cigar; one is taking into the body all of that solution of saliva and saturation from the tobacco plant itself, but poison is still obtained. They (the cigar smokers) say they do not inhale but they swallow; they take a breath every time when it goes down whether or not they are conscious of it.

Q - After one arrives at a more progressive point, does he then return to earth more or less often?

A - Oh yes, his cycles are then stepped up, as the hoop rolling downhill gains momentum. He can return in a matter of months, weeks, days or even moments. Time is not the motivating factor but rather, it is the cycles, one's drive and his ties to the earth. In accident cases too, (not motivated from the past), one will often bounce right back; he will immediately attach himself to a new fetus with no time lapse whatsoever on the astral.

The previous mentions were for the average person firmly tied to his earth-materialistic habits, obsessions, etc.